

**The Daily Offices**  
**Morning Prayer – Monday to Friday**  
*A Prayer Book for Australia (adapted)*

**Monday Morning Prayer**

1 God's love has been poured into our hearts,  
**through the Holy Spirit who has been given to us.**

Romans 5:3

Glory to God; Father, Son and Holy Spirit:  
**as in the beginning, so now, and for ever. Amen.**

2 *The Opening Canticle, A Song of God's Marvellous Acts*

**I will sing a new hymn to my God:  
O Lord you are great and marvellous,  
you are marvellous in your strength, invincible.  
Let the whole creation serve you:  
for you spoke and all things came to be;  
You sent out your Spirit and it formed them:  
no one can resist your voice.  
Mountains and seas are stirred to their depths:  
rocks melt like wax at your presence;  
But to those who revere you:  
you still show mercy.**

Judith 16:13-15

3 *The Opening Prayer*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence may be kept*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

*4 Readings from the Bible as appointed in the Lectionary*

May your word live in us  
**and bear much fruit to your glory.**

*5 The Canticle, A Song of Isaiah*

**'Behold, God is my salvation;  
I will trust and will not be afraid;  
For the Lord God is my strength and my song:  
and has become my salvation.'  
With joy you will draw water:  
from the wells of salvation.  
On that day you will say:  
'Give thanks to the Lord, call upon his name;  
'Make known his deeds among the nations:  
proclaim that his name is exalted.  
'Sing God's praises, who has triumphed gloriously:  
let this be known in all the world.  
'Shout and sing for joy, you that dwell in Zion:  
for great in your midst in the Holy One of Israel.'**

Isaiah 12:2-6

*6 The Prayers*

Lord have mercy.

**Christ have mercy**

Lord have mercy.

*7 The Lord's Prayer*

**Our Father in heaven  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

*8 Intercessions and Thanksgivings may be made according to local custom and need.*

*9 The Morning Collect*

Eternal God and Father, by whose power we are created and by whose love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. **Amen.**

*10 The Lord be with you.*

**And also with you.**

Let us praise the Lord.

**Thanks be to God.**

God did not give us a spirit of cowardice but a spirit of power and of love and of self-discipline. May we rekindle the gift of God within us. **Amen.**

see 2 Timothy 1:6-7

## Tuesday Morning Prayer

1 We will proclaim the name of the Lord.

**Ascribe greatness to our God.**

Deuteronomy 32:3

Glory to God; Father, Son and Holy Spirit:

**as in the beginning, so now, and for ever. Amen.**

2 *The Opening Canticle, A Song of God's Mercy*

**God who is rich in mercy:**

**out of the great love with which he loved us,**

**Even when we were dead through our trespasses:**

**made us alive together with Christ,**

**And raised us up with him:**

**and made us sit with him**

**in the heavenly places in Christ Jesus,**

**That he might show the immeasurable riches of his grace:**

**in kindness towards us in Christ Jesus.**

Ephesians 2:4-7

3 *The Opening Prayer*

The night has passed and the day lies open before us;

let us pray with one heart and mind.

*Silence may be kept*

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever. **Amen.**

*4 Readings from the Bible as appointed in the Lectionary*

May your word live in us

**and bear much fruit to your glory.**

*5 The Canticle, A Song of the Blessed*

**Blessed are the poor in spirit:  
for theirs is the kingdom of heaven.**

**Blessed are those who mourn:  
for they shall be comforted.**

**Blessed are the meek:  
for they shall inherit the earth.**

**Blessed are those who hunger and thirst for what is right:  
for they shall be satisfied.**

**Blessed are the merciful:  
for mercy shall be shown to them.**

**Blessed are the pure in heart:  
for they shall see God.**

**Blessed are the peacemakers:  
for they shall be called the children of God.**

**Blessed are those who are persecuted for righteousness'  
sake:  
for theirs is the kingdom of heaven.**

Matthew 5:3-10

*6 The Prayers*

Lord have mercy.

**Christ have mercy**

Lord have mercy.

*7 The Lord's Prayer*

**Our Father in heaven  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

*8 Intercessions and Thanksgivings may be made according to local custom and need.*

*9 The Morning Collect*

Lord and heavenly Father,  
you have brought us safely to this new day:  
keep us by your mighty power, protect us from sin,  
guard us from every kind of danger,  
and in all we do this day  
direct us in the fulfilling of your purpose,  
through Jesus Christ our Lord. **Amen.**

*10* The Lord be with you.

**And also with you.**

Let us praise the Lord.

**Thanks be to God.**

May the Lord bless us and keep us; the Lord make his face to shine upon us, and be gracious to us; the Lord lift up his countenance upon us, and give us peace. **Amen.**

Numbers

## Wednesday Morning Prayer

1 Rejoice always; pray without ceasing;  
in everything give thanks;

**for this is the will of God in Christ Jesus**

1 Thessalonians 5:16-18

Glory to God; Father, Son and Holy Spirit:

**as in the beginning, so now, and for ever. Amen.**

2 *The Opening Canticle, A Song of God's Grace*

**Blessed are you,**

**the God and Father of our Lord Jesus Christ:**

**for you have blessed us in Christ Jesus**

**with every spiritual blessing in the heavenly places.**

**You chose us to be yours in Christ**

**before the foundation of the world:**

**that we should be holy and blameless before you.**

**In love you destined us to be your children,**

**through Jesus Christ:**

**according to the purpose of your will,**

**To the praise of your glorious grace:**

**which you freely bestowed on us in the Beloved.**

Ephesians 1:3-6

3 *The Opening Prayer*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence may be kept*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

*4 Readings from the Bible as appointed in the Lectionary*

May your word live in us

**and bear much fruit to your glory.**

*5 The Canticle, Te Deum Laudamus*

**We praise you, O God: we acclaim you as Lord.**

**All creation worships you: the Father everlasting.**

**To you all angels, all the powers of heaven:**

**the cherubim and seraphim, sing in endless praise:**

**Holy, holy, holy Lord, God of power and might:**

**heaven and earth are full of your glory.**

**The glorious company of apostles praise you:**

**The noble fellowship of prophets praise you.**

**The white-robed army of martyrs praise you:**

**Throughout the world, the holy Church acclaims you:**

**Father, of majesty unbounded:**

**your true and only Son, worthy of all praise,**

**the Holy Spirit, advocate and guide.**

**You, Christ, are King of glory:**

**the eternal Son of the Father.**

**When you took our flesh to set us free:**

**you humbly chose the virgin's womb.**

**You overcame the sting of death:**

**and opened the kingdom of heaven to all believers.**

**You are seated at God's right hand in glory:**

**we believe that you will come to be our judge.**

**Come then, Lord, and help your people,**

**bought with the price of your own blood:**

**and bring us with your saints to glory everlasting.**

*6 The Prayers*

Lord have mercy.

**Christ have mercy**

Lord have mercy.



*7 The Lord's Prayer*

**Our Father in heaven  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

*8 Intercessions and Thanksgivings may be made according to local custom and need.*

*9 The Morning Collect*

Eternal God and Father, by whose power we are created and by whose love we are redeemed: guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. **Amen.**

*10 The Lord be with you.*

**And also with you.**

Let us praise the Lord.

**Thanks be to God.**

May the God of steadfastness and encouragement grant us to live in such harmony with one another in accord with Christ Jesus, that we may with one voice glorify our God and Father. **Amen.**

Romans 15:5-6

## Thursday Morning Prayer

1 This is the message we have heard from Christ:  
**that God is light, in whom there is no darkness at all**

1 John 1:5

Glory to God; Father, Son and Holy Spirit:  
**as in the beginning, so now, and for ever. Amen.**

2 *The Opening Canticle, A Song of God's Herald*

**Go up to a high mountain  
herald of good tiding to Zion:  
lift up your voice with strength,  
herald of good tidings to Jerusalem.  
Lift up your voice, fear not:  
say to the cities of Judah, 'Behold your God!'  
See the Lord God, coming with power:  
coming to rule with his mighty arm.  
He brings his reward for the people of God:  
the recompense for those who are saved.  
God will feed his flock like a shepherd:  
and gather the lambs in his arms;  
He will hold them to his breast:  
and gently lead those that are with young.**

Isaiah 40:9-11

3 *The Opening Prayer*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence may be kept*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

*4 Readings from the Bible as appointed in the Lectionary*

May your word live in us

**and bear much fruit to your glory.**

*5 The Canticle, The Hymn of the Word*

**In the beginning was the Word:**

**and the Word was with God, and the Word was God:**

**He was in the beginning with God.**

**All things were made through him:**

**and without him, was not anything made that was made.**

**In him was life:**

**and the life was the light of all people.**

**The light shines in the darkness:**

**and the darkness has not overcome it.**

**He was in the world:**

**and the world was made through him**

**yet the world knew him not.**

**He came to his own home:**

**and his own people received him not.**

**But to all who received him who believed on his name:**

**he has given power to become children of God;**

**Who were born not of blood**

**nor of the will of the flesh:**

**nor of the will of a man but of God.**

**And the Word became flesh:**

**and dwelt among us full of grace and truth;**

**we have beheld his glory:**

**glory as of the only Son from the Father,**

**and from his fullness have we all received:**

**the grace upon grace.**

John 1:1-5, 10-14, 16

## *6 The Prayers*

Lord have mercy.

**Christ have mercy**

Lord have mercy.

## *7 The Lord's Prayer*

**Our Father in heaven**

**hallowed be your name,**

**your kingdom come, your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power, and the glory are yours**

**now and for ever. Amen.**

*8 Intercessions and Thanksgivings may be made according to local custom and need.*

## *9 The Morning Collect*

Lord and heavenly Father,

you have brought us safely to this new day:

keep us by your mighty power, protect us from sin,

guard us from every kind of danger,

and in all we do this day

direct us in the fulfilling of your purpose,

through Jesus Christ our Lord. **Amen.**

10 The Lord be with you.

**And also with you.**

Let us praise the Lord.

**Thanks be to God.**

May the God of peace equip us with everything good so that we may do his will; and may he work in us that which is pleasing in his sight; through Jesus Christ, to whom be glory for ever. **Amen.**

see Hebrews 13:20-21

## Friday Morning Prayer

1 Through Christ let us offer up a sacrifice of praise to God,  
**the fruit of lips that acknowledge his name.**

Hebrews 13:15

Glory to God; Father, Son and Holy Spirit:  
**as in the beginning, so now, and for ever. Amen.**

2 *The Opening Canticle, A Song of God's Grace*

**We have complete freedom:  
to go into the most holy place by means of the death of  
Jesus**

**He opened for us a new way, a living way:  
through the curtain, through his own body.**

**Since we have a great high priest  
set over the household of God:**

**let us draw near with a sincere heart and a sure faith,  
With hearts that have been made clean  
from a guilty conscience:  
and bodies washed with pure water.**

Hebrews 10:19-22

3 *The Opening Prayer*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence may be kept*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

*4 Readings from the Bible as appointed in the Lectionary*

May your word live in us

**and bear much fruit to your glory.**

*5 The Canticle, Saviour of the World*

**Jesus, Saviour of the world,**

**come to us in your mercy:**

**we look to you to save and help us.**

**By your cross and your life laid down,**

**you set your people free:**

**we look to you to save and help us.**

**When they were ready to perish,**

**you saved your disciples:**

**we looked to you to come to our help.**

**In the greatness of your mercy,**

**loose us from our chains:**

**forgive the sins of all your people.**

**Make yourself known as our saviour**

**and mighty deliverer:**

**save and help us that we may praise you.**

**come now and dwell with us, Lord Christ Jesus:**

**hear our prayers and be with us always.**

**And when you come in your glory:**

**make us to be one with you**

**and to share the life of your kingdom.**

*6 The Prayers*

Lord have mercy.

**Christ have mercy**

Lord have mercy.

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your kingdom come, your will be done,  
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*10 The Lord be with you.*

**And also with you.**

Let us praise the Lord.

**Thanks be to God.**

Peace be to us all, and love with faith, from God the Father and the Lord Jesus Christ. **Amen.**

Ephesians 6:23